



**Hot Lunch Menu**  
**Thornton Donovan School**  
**June 1<sup>st</sup> – 13<sup>th</sup> 2017**

**Menu available online at <http://tds.lunchinhand.net>**

Monday	Tuesday	Wednesday	Thursday	Friday
Lunch in Hand reserves the right to change a lunch due to production reasons.	All lunches are served with fruit dessert -- 1 sweet dessert per week.		<b>Stir Fried Chicken Dumplings</b> served with Fried Rice, Asian Vegetable Medley  Vegetable Dumplings	<b>Beef Chili</b> served with Basmati Rice and Beans and Peppers on the side  Vegetarian Chili
<b>Italian Chicken Cutlets</b> ('make your own Parm') served with Curly Pasta, garlic bread and Caesar Salad lower grades: Chicken Tenders  Vegetable Lasagna	<b>Taco Tuesday:</b> Beef or Chicken tacos served with Spanish Rice, cheese, salsa, shredded lettuce, and Sour Cream  Vegetarian bean	<b>Breakfast for Lunch:</b> French Toast, Scrambled Eggs served with Bacon or Turkey Sausage. Served with Yogurt and fruit salad.  Vegetarian breakfast sausage	<b>Beef or Chicken Fajitas</b> served with Spanish Rice on soft tortillas, choice of cheese, sour cream, or salsa.  Vegetable bean medley	<b>Hebrew National Hot Dogs</b> served on Whole Wheat Rolls, Couscous, and Market Green Salad  Smart Dog for Vegetarians
<b>Jamaican Beef Patties</b> served on Coco Bread and Tropical salad (pineapple, mango, avocado)  Jamaican Veggie patty	<b>Chicken Breast Fritters</b> (100% Chicken Nuggets) Served with Corn on the Cob and steamed Broccoli  Vegetarian: Ind. Cheese pizza  <b>Dessert: Cookie Bar</b>  <b>Last full day of School</b>	<b>Have a great Summer!!</b>		

If you have a Food Allergy, please speak to the owner of Lunch in Hand, manager, or chef.

Fruit: sliced Pineapple, Fruit Salad, Watermelon, Orange wedges, Bananas, Clementine. 'Sweet' Dessert: Cookie, Cake, Pudding, Yogurt.

Parents or Students can ask for an alternative lunch – we must know at least 24 hours in advance. Alternative lunches are Roast Chicken and plain pasta

**\*Tater Tots are 100% Potato. Our Chicken is Anti-biotic & hormone free. None of our food is fried or artificial. Local Farmers Market Apples. Bread products from a shop that is Nut – Free**

Any questions regarding the menu call 914-380-5084 or email [lunchinhand@gmail.com](mailto:lunchinhand@gmail.com) More information [www.lunchinhand.com](http://www.lunchinhand.com)