



**Hot Lunch Menu
Thornton Donovan School
December 1- 21, 2017**

Menu is available online at: <http://tds.lunchinhand.net>

Monday	Tuesday	Wednesday	Thursday	Friday
	All lunches are served with Juice or Water & Dessert -- 4 Fruits per week & 1 Sweet per week		Lunch In Hand reserves the right to occasionally modify items on the menu without notice	Chicken Pot Pie – Cubes of Roast Chicken Breast in Gravy with Carrots & Peas on the side and topped with Buttermilk biscuits served with rice Vegetarian Manicotti
Hamburgers or Cheese Burgers served on Whole Wheat Rolls w/ Tater Tots, Garden salad and pickles K – 1 st grade Beef sliders Veggie Burgers	Pasta Bar - Selection of: Bowtie pasta plain, with Marinara (red) sauce on side, Penne pasta with “Pink sauce” and Tortellini Alfredo served with Whole Wheat Bread and Broccoli	Beef or Chicken Fajitas Served Spanish Rice, cheese, mild salsa, lettuce, & sour cream Vegetarian: Mixed veggie sauté	Breakfast for Lunch: choice of French toast, scrambled eggs, Bacon, Turkey Sausage, served with Syrup, Fruit Salad and Yogurt as dessert Vegetarian: Greek Yogurt and nut-free granola	Jamaican Beef or Chicken Patties served with rice and Garden green salad Vegetarian Patties K – 5 grade Chicken Tenders
Baked Ziti served with Garden Salad and whole wheat baguettes	Chicken Quesadillas or Cheese Quesadillas served with Spanish Rice, Salsa and Sour Cream	Chicken breast with BBQ glaze served with mashed potatoes and tomato cucumber salad K – 1 st g roast Chicken breast Vegetarian: Sautéed Tofu	Asian Beef and Broccoli served with Yakisoba (Asian noodles) Nursery – 1 st grade beef strips, pasta and broccoli Vegetarian: Stuffed shells	Chicken Patties served on whole wheat rolls w/ potato pancakes, applesauce & Carrots and Celery Veggie or Fish Patties
Italian Chicken Cutlets (make it yourself ‘parm’) served with Curly Pasta, Caesar salad & Garlic bread Vegetarian: House-made pizza	Taco Tuesday: Beef or chicken tacos served with mixed cheese, Spanish rice, lettuce and sour cream Vegetarian: Veggie Bean	House– made Chicken Noodle Soup served with Grilled Cheese Sandwiches Vegetable Soup	Cheese Pizza & Pepperoni Pizza served with Carrots and Celery Sticks Holiday Cookies Happy Holidays!	Half day No Lunch Service ½ Day of School Christmas Recess
School Closed Holiday Recess	School Closed Holiday Recess	School Closed Holiday Recess	School Closed Holiday Recess	School Closed Holiday Recess

If you have a Food Allergy, please speak to the owner of Lunch In Hand, manager or chef.

Fruit: sliced Pineapple, Cantaloupe, Grapes, Apples, Bananas, oranges wedges and yogurt.

You can ask for an alternative lunch on any day – we must know at least 24 hours in advance. Our Chicken is Anti-biotic & hormone free. **Apples are purchase at a local Farmers market. Bread products are made in shop that is Nut – Free. No nuts are used in any of our food.** Any questions regarding the menu or online ordering call 914-380-5084 or email CMC@dinnerinhand.com More information www.lunchinhand.com