



Hot Lunch Menu
Thornton Donovan School
February 1 – 28, 2018 updated 1-4-18
Order Lunch <http://tds.lunchinhand.net>

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Beef or Chicken Fajitas served with Spanish Rice on soft tortillas, choice of shredded lettuce, cheese, sour cream, or salsa. Veg: Beans and Vegetable	Salmon Filet served with red roasted potatoes and Broccoli Kindergarten – 5th g Chicken Tenders
5	6	7	8	9
Chicken Patties on Whole Wheat Rolls served with shoestring fries and Mixed Green Salad Vegetarian: Veggie patties Glory Days 8 th – 12 th grade	Taco Tuesday Bar: Choice of Beef or Chicken tacos served with Shredded Cheese, Lettuce, Spanish Rice, Salsa and Sour Cream Vegetarian bean Glory Days	House-made Chicken Noodle Soup Served with Grilled cheese sandwich on whole wheat Vegetarian: Vegetable Soup Glory Days	Pasta Bar- Selection of: Bowtie pasta plain, with Marinara (red) sauce on side, Penne pasta with “Pink sauce” and Tortellini Alfredo served with Whole Wheat Bread and Broccoli Glory Days	Quesadillas: Cheese or Chicken and Cheese served with Salsa, sour cream and lettuce Glory Days
12	13	14	15	16
Hamburgers or Cheese Burgers served on Whole Wheat Rolls w/ Tater Tots, Garden salad and pickles K – 1st grade Beef sliders Vegetarian: Veggie patties	Chicken Tenders (Fingers) served with Red Potato wedges and Broccoli	Baked Ziti (pasta, cheese and sauce) served with Caesar salad and Whole wheat baguette	Chicken Breast with Barbeque glaze served with Mashed potatoes and Cucumbers Vegetarian: Tofu Veggie	Presidents Weekend No School
19	20	21	22	23
President’s Day	Presidents Weekend No School	Jamaican Beef, Chicken or Vegetarian Patties Served with Coco bread, and Garden salad K – 5th grade Chicken Tenders	House made Macaroni and Cheese served with Green Beans and Corn bread	Choice of Cheese Pizza or Pepperoni Pizza served with Celery and Carrot sticks Cookies for dessert
26	27	28		
Italian Chicken Cutlets (make your own parm) served with Bowtie Pasta, Caesar salad & Garlic bread K – 1 st grade Chicken Fingers Vegetarian: Pizza flatbread	Breakfast for Lunch: French Toast, Scrambled Eggs served with Bacon or Turkey Sausage. Served with Yogurt and fruit salad Vegetarian: Granola & Yogurt	Hot Dogs (Hebrew National all beef) served on whole wheat rolls, with relish, baked beans, couscous with Market green salad Vegetarian: Smart dogs	Lunch in Hand reserves the right to change a lunch due to production reasons	All lunches are served with fruit dessert -- 1 sweet dessert per week.

If you have a Food Allergy, please speak to the owner of Lunch in Hand, manager, or chef.

Fruit: Pineapple, melon Fruit Salad, Apples, Orange wedges, Bananas, Clementine. ‘Sweet’ Dessert: Cookie, Cake, Pudding, Yogurt

Parents or Students can ask for an alternative lunch – we must know at least 24 hours in advance. Alternative lunches are Roast Chicken and plain pasta

Our Chicken is Anti-biotic & hormone free. None of our food is fried or artificial. Local Farmers Market Apples. Bread products from a shop that is Nut – Free

Any questions regarding the menu or online ordering call 914-380-5084 or email CMC@dinnerinhand.com More information www.lunchinhand.com