



Hot Lunch Menu
Thornton Donovan School
May 1st – 31st 2018

Menu available online at <http://tds.lunchinhand.net>

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Albania and More School Closed	2 Albania and More School Closed	3 Albania and More School Closed	4 Albania and More School Closed
7 Hamburgers or cheeseburgers served on Whole wheat rolls with tater tots, pickles and Market green salad <i>Veggie Patties</i>	8 Home style Chicken Tenders served with Red potato wedges and string beans <i>Stuffed Shells</i>	9 House-made Chicken Noodle Soup Served with Grill Cheese sandwich on whole wheat bread. <i>Vegetable Soup</i>	10 Hebrew National Hot dogs or Chicken Sausage served with Couscous and Whole Wheat Rolls and Market Green Salad <i>Smart Dog for Vegetarians</i>	11 Breakfast for Lunch: French Toast, Scrambled Eggs served with Bacon or Turkey Sausage. Served with Yogurt and fruit salad. <i>Vegetarian: Greek yogurt & granola</i>
14 Chicken Patties on Whole Wheat Rolls served with oven Shoestring Fries and Market green Salad <i>Veggie Patties</i>	15 Taco Tuesday: Beef or Chicken tacos served with Spanish Rice, cheese, salsa, shredded lettuce, and Sour Cream <i>Vegetarian bean</i>	16 Chicken Breast with Barbeque glaze served with mashed potatoes and Cucumber Salad <i>Vegetarian: Spanokopita</i>	17 Hamburgers or cheeseburgers served on Whole wheat rolls with tater tots, pickles and Market green salad <i>Veggie Patties</i>	18 Pasta Bar: Bowtie Pasta with Marinara Sauce, Pasta shells plain and Tortellini Alfredo served with Whole Wheat baguettes and Broccoli
21 Italian Chicken Cutlets ('make your own Parm') served with Curly Pasta , Caesar salad and garlic bread K to 2 nd grade: Chicken Tenders <i>Individual Pizza</i>	22 Beef or Chicken Fajitas served with Spanish Rice on soft tortillas, choice of cheese, sour cream, or salsa. <i>Peppers, onions and Bean medley</i>	23 Cheese Ravioli with Marinara Sauce or plain served with Garlic Bread and steamed Broccoli	24 Quesadillas: Chicken and Cheese or Cheese only served with Spanish Rice, Salsa, and Sour Cream	25 Memorial Day weekend School closed
28 Memorial Day School Closed	29 Pasta Bolognese served with Broccoli and Whole Wheat Baguettes K – 1 Cheese Ravioli <i>Vegetarian: Cheese Ravioli</i>	30 Home style Chicken Tenders served with Tater Tots and string beans <i>Stuffed Shells</i>	31 House- made Baked Ziti served with Caesar salad and whole wheat Bread	

If you have a Food Allergy, please speak to the owner of Lunch in Hand, manager, or chef.

Fruit: sliced Pineapple, Fruit Salad, Apples, Orange wedges, Bananas, Clementine. 'Sweet' Dessert: Cookie, Cake, Pudding, Yogurt

Parents or Students can ask for an alternative lunch – we must know at least 24 hours in advance. Alternative lunches are Roast Chicken and plain pasta

None of our food is fried or artificial. Local Farmers Market Apples. Bread products from a shop that is Nut – Free Any questions regarding the menu call 914-380-5084 or email CMC@dinnerinhand.com More information www.lunchinhand.com